

# Fresh Millions®

Millions of Ways to Eat Fresh and Healthy®

## Hot Bowls \* add side salad for \$2.45

### CHICKEN HOT BOWL • 9.45

Chicken, Sauce, Base, 5 Mix-Ins

### STEAK HOT BOWL • 9.45

Steak, Sauce, Base, 5 Mix-Ins

### SHRIMP HOT BOWL • 9.95

Shrimp, Sauce, Base, 5 Mix-Ins

### MEATBALL HOT BOWL • 9.45

Meatball, Sauce, Base, 5 Mix-Ins

### SAUSAGE HOT BOWL • 9.45

Sausage, Sauce, Base, 5 Mix-Ins

### BACON HOT BOWL • 9.45

Bacon, Sauce, Base, 5 Mix-Ins

### EGGS HOT BOWL • 8.95

Two Eggs, Sauce, Base, 5 Mix-Ins


### TOFU HOT BOWL • 8.95

Tofu, Sauce, Base, 5 Mix-Ins

### VEGGIE HOT BOWL • 8.45

Sauce, Base, 5 Mix-Ins

#### Choice of Sauce –

- Teriyaki
- Szechuan  
- Sweet & Spicy
- Sesame Soy & Chili
- Thai Green Curry 
- Thai Peanut 
- Tikka Masala 
- Alfredo 
- Basil Pesto 
- Chipotle Southwest 

#### Choice of Base –

- Noodles
- White or Brown Rice
- Pasta
- Spinach
- Half and Half Choice of Any Two Bases

## Paninis \* add side salad for \$2.45

### GRILLED CHICKEN AND AVOCADO PANINI • 7.95

Grilled Chicken, Avocado, Tomato, Provolone Cheese, and Chipotle Mayonnaise

### STEAK PANINI • 7.95

Steak, Red Peppers, Red Onions, Pepper Jack Cheese, and BBQ Buttermilk

### CHICKEN PANINI • 7.95

Grilled Chicken, Red Peppers, Red Onions, Pepper Jack Cheese, and BBQ Buttermilk

### CHICKEN TIKKA MASALA PANINI • 7.95

Grilled Chicken, Red Peppers, Red Onions, Tikka Masala, Provolone Cheese, and Balsamic Vinaigrette

### BUFFALO CHICKEN PANINI • 7.95

Grilled Chicken, Buffalo Sauce Tomato, Provolone Cheese, and Ranch

### VEGGIE PANINI • 7.45

Spinach, Mushrooms, Red Peppers, Red Onions, Pepper Jack Cheese, and Balsamic Vinaigrette

## Wraps \* Any Salad Can Be Made Into Wrap

### SOUTHWEST CHICKEN WRAP • 9.95

Grilled Chicken, Corn, Black Beans, Cheddar Cheese, Greens, Southwest Dressing, Tortilla Strips

### BBQ CHICKEN WRAP • 9.95

Grilled Chicken, Corn, Black Beans, Greens, BBQ Buttermilk Dressing, Tortilla Strips, Drizzled with BBQ Sauce

### GREEK SALAD WRAP • 8.95

Tomatoes, Olives, Pepperoncini, Red Onions, Feta Cheese, Greens, Lemon-Oregano Vinaigrette

### GRILLED CHICKEN WRAP • 9.95

Grilled Chicken, Any 3 Mix-Ins, Cheese, Greens, Dressing

## Salads \* Make it large size: add \$1.00

### CHICKEN COBB SALAD • 9.95

Avocado, Grilled Chicken, Smoked Bacon, Eggs, Tomatoes, Blue Cheese, Greens, Buttermilk-Herb Dressing

### SOUTHWEST CHICKEN SALAD • 9.95

Grilled Chicken, Corn, Black Beans, Cheddar Cheese, Greens, Southwest Dressing, Tortilla Strips

### BBQ CHICKEN SALAD • 9.95

Grilled Chicken, Corn, Black Beans, Greens, BBQ Buttermilk Dressing, Tortilla Strips, Drizzled with BBQ Sauce

### MANDARIN CHICKEN SALAD • 9.95

Grilled Chicken, Mandarins, Carrots, Almonds, Greens, Dressing

### SIGNATURE CHICKEN SALAD • 9.95

Grilled Chicken, Cucumber, Tomatoes, Olives, Blue Cheese, Greens, Buttermilk-Herb Dressing or Lemon-Oregano Vinaigrette

### STEAK SALAD • 9.95

Steak, Red Peppers, Red Onions, Pepper Jack Cheese, Greens, BBQ Buttermilk

### SHRIMP SALAD • 9.95

Shrimp, Any 3 Mix-In, Cheese, Greens, Lemon-Oregano Vinaigrette

### BUFFALO CHICKEN SALAD • 9.95

Grilled Chicken, Carrots, Celery, Greens, Ranch, Buffalo Sauce

### GRILLED CHICKEN CAESAR SALAD • 8.95

Grilled Chicken, Parmesan Cheese, Romaine, Caesar Dressing, Croutons

### GREEK SALAD • 8.95

Tomatoes, Olives, Pepperoncini, Red Onions, Feta Cheese, Greens, Lemon-Oregano Vinaigrette

### GRILLED CHICKEN SALAD • 9.95

Grilled Chicken, Any 3 Mix-In, Cheese, Greens, Dressing

## Kids \* kids meal served with kids drink

### CHICKEN QUESADILLA • 4.95

ALFREDO PASTA with CHICKEN & 1 Mix-In • 5.45

TERIYAKI RICE with CHICKEN & 1 Mix-In • 5.45

TERIYAKI NOODLES with CHICKEN & 1 Mix-In • 5.45

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## MIX-INS:

Almonds	Black Olives	Cranberries	Mandarin Oranges	Scallions
Apples	Broccoli	Croutons	Mushrooms	Sun Dried Tomatoes
Baby Corn	Carrots	Cucumber	Pepperoncini	Sunflower Seeds
Bean Sprouts	Celery	Garbanzo Beans	Pineapple	Tofu
Beets	Cilantro	Jalapeno	Red Bell Peppers	Tomatoes
Black Beans	Corn	Kalamata Olives	Red Onions	Water Chestnuts
Zucchini				

## PREMIUM MIX-INS:

Avocado	Artichokes	Eggs	Cheese
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## DRESSINGS:

Ranch Dressing <sup>GF</sup>	Balsamic Vinaigrette <sup>GF</sup>
Buttermilk Herb Dressing <sup>GF</sup>	Lemon-Oregano Vinaigrette <sup>GF</sup>
Southwest Dressing <sup>GF</sup>	Asian Dressing
BBQ Buttermilk Dressing <sup>GF</sup>	Olive Oil and Vinegar <sup>GF</sup>
Caesar Dressing <sup>GF</sup>	

# Fresh & Healthy

# CATERING

Small to Large Meetings, Events, Parties, Lunch,  
Dinner

See a manager today for more details or email your local store today!

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[dublin@freshmillions.com](mailto:dublin@freshmillions.com)

**Franchise Opportunities Available**  
**More Info: <http://franchise.freshmillions.com>**