

Fresh Millions®

Millions of Ways to Eat Fresh and Healthy®

Hot Bowls

* add side salad for \$2.45

CHICKEN HOT BOWL • 7.95

Chicken, Sauce, Base, 4 Mix-Ins

STEAK HOT BOWL • 7.95

Steak, Sauce, Base, 4 Mix-Ins

SHRIMP HOT BOWL • 7.95

Shrimp, Sauce, Base, 4 Mix-Ins

BACON HOT BOWL • 7.95

Bacon, Sauce, Base, 4 Mix-Ins

EGGS HOT BOWL • 7.95

Two Eggs, Sauce, Base, 4 Mix-Ins

TOFU HOT BOWL • 7.95

Tofu, Sauce, Base, 4 Mix-Ins

VEGGIE HOT BOWL • 7.45

Sauce, Base, 4 Mix-Ins

Choice of Sauce –

- Teriyaki
- Szechuan ^{GF}
- Sweet & Spicy
- Sesame Soy & Chili
- Thai Green Curry
- Thai Peanut ^{GF}
- Tikka Masala
- Alfredo ^{GF}
- Basil Pesto ^{GF}
- Chipotle Southwest ^{GF}

Choice of Base –

- Noodles
- White or Brown Rice
- Pasta
- Spinach
- Romaine
- Half and Half Choice of Any Two Bases

Paninis

STEAK PANINI • 6.45

Steak, Red Peppers, Red Onions, Pepper Jack Cheese, and BBQ Buttermilk

SHRIMP AND AVOCADO PANINI • 6.95

Shrimp, Avocado, Tomato, Provolone Cheese, and Chipotle Mayonnaise

GRILLED CHICKEN AND AVOCADO PANINI • 6.45

Grilled Chicken, Avocado, Tomato, Provolone Cheese, and Chipotle Mayonnaise

CHICKEN PHILLY PANINI • 6.45

Grilled Chicken, Red Peppers, Red Onions, Pepper Jack Cheese, and BBQ Buttermilk

BUFFALO CHICKEN PANINI • 6.45

Grilled Chicken, Buffalo Sauce, Tomato, Provolone Cheese, and Ranch

CHICKEN TIKKA MASALA PANINI • 6.45

Grilled Chicken, Red Peppers, Red Onions, Tikka Masala, Provolone Cheese, and Balsamic Vinaigrette

CHIPOTLE CHICKEN PANINI • 6.45

Grilled Chicken, Red Peppers, Chipotle Sauce, Pepper Jack Cheese, and Balsamic Vinaigrette

VEGGIE PANINI • 6.45

Spinach, Mushrooms, Red Peppers, Red Onions, Pepper Jack Cheese, and Balsamic Vinaigrette

Wraps

GRILLED CHICKEN SALAD WRAP • 6.00

Grilled Chicken, 1 Mix-In, Cheese, Greens, Dressing

SOUTHWEST CHICKEN WRAP • 7.99

Grilled Chicken, Corn, Black Beans, Cheddar Cheese, Greens, Southwest Dressing, Tortilla Strips

ANY SALAD CAN BE MADE INTO WRAP

Salads

GRILLED CHICKEN SALAD • 7.50

Grilled Chicken, Any 2 Mix-Ins, Greens, Dressing

STEAK SALAD • 7.95

Steak, Red Peppers, Red Onions, Pepper Jack Cheese, Greens, BBQ Buttermilk

SHRIMP SALAD • 7.95

Shrimp, Any 2 Mix-In, Greens, Lemon-Oregano Vinaigrette

BUFFALO CHICKEN SALAD • 7.95

Grilled Chicken, Carrots, Celery, Greens, Ranch, Buffalo Sauce

EGGS AND BACON SALAD • 7.95

Eggs, Bacon, Mushrooms, Red Onions, Blue Cheese, Spinach, Balsamic Vinaigrette

CHICKEN WITH WARM GRAINS SALAD • 7.50

Grilled Chicken, Choice of Warm Rice, Noodles, or Pasta, 2 Mix-Ins, Spinach, Dressing

GREEK SALAD • 7.95

Tomatoes, Olives, Pepperoncini, Red Onions, Feta Cheese, Greens, Lemon-Oregano Vinaigrette

CAESAR SALAD • 6.95

Parmesan, Romaine, Caesar Dressing, Croutons

DESIGN YOUR OWN SALAD • 6.50

Any 2 Mix-Ins, Greens, Dressing. Add Grilled Chicken, Steak, Shrimp, Eggs, or Bacon at additional cost.

Specialty Salads

CHICKEN COBB SALAD • 7.99

Avocado, Grilled Chicken, Smoked Bacon, Eggs, Tomatoes, Blue Cheese, Greens, Buttermilk-Herb Dressing

SOUTHWEST CHICKEN SALAD • 7.99

Grilled Chicken, Corn, Black Beans, Cheddar Cheese, Greens, Southwest Dressing, Tortilla Strips

BBQ CHOPPED CHICKEN SALAD • 7.99

Grilled Chicken, Corn, Black Beans, Romaine, Greens, BBQ Buttermilk Dressing, Tortilla Strips, Drizzled with BBQ Sauce

MANDARIN CHICKEN SALAD • 7.99

Grilled Chicken, Mandarins, Carrots, Almonds, Greens, Dressing

SIGNATURE SALAD • 7.99

Grilled Chicken, Cucumber, Tomatoes, Olives, Blue Cheese, Mixed Greens, Lemon-Oregano Vinaigrette or Buttermilk Ranch Dressing

Kids

* kids 10 and under

CHICKEN QUESADILLA • 3.50

CHICKEN NUGGETS • 3.50

MAC & CHEESE • 3.50

ALFREDO PASTA with CHICKEN & 1 Mix-In • 3.95

TERIYAKI RICE with CHICKEN & 1 Mix-In • 3.95

TERIYAKI NOODLES with CHICKEN & 1 Mix-In • 3.95

MIX-INS:

Almonds	Black Olives	Cranberries	Mandarin Oranges	Scallions
Apples	Broccoli	Croutons	Mushrooms	Sun Dried Tomatoes
Baby Corn	Carrots	Cucumber	Pepperoncini	Sunflower Seeds
Bean Sprouts	Celery	Garbonzo Beans	Pineapple	Tofu
Beets	Cilantro	Jalapeno	Red Bell Peppers	Tomatoes
Black Beans	Corn	Kalamata Olives	Red Onions	Water Chestnuts

PREMIUM MIX-INS:

Avocado	Eggs	Cheese
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DRESSINGS:

Ranch Dressing ^{GF}	Balsamic Vinaigrette ^{GF}
Buttermilk Herb Dressing ^{GF}	Lemon-Oregano Vinaigrette ^{GF}
Southwest Dressing ^{GF}	Sesame Oriental Dressing
BBQ Buttermilk Dressing ^{GF}	Olive Oil and Vinegar ^{GF}
Caesar Dressing ^{GF}	

WE DELIVER

4pm-8pm Mon-Fri
11am-8pm Sat-Sun

\$20 Min Order + \$3 Delivery Charge. No discounts, coupons or other offers apply. 3 mile radius.

GILBERT

(480)

462-1000

1515 N Gilbert Rd (@Baseline Rd)
Gilbert, AZ

CHANDLER

(480)

785-1000

6140 W Chandler Blvd (@Kyrene Rd)
Chandler, AZ

MESA

(480)

644-1000

1130 W Grove Ave (@Alma School
Rd & US 60), Mesa AZ

Franchise Opportunities Available
More Info: <http://franchise.freshmillions.com>

Hours: M-F: 10:30am-9pm: Sat-Sun: 11am-9pm <http://www.freshmillions.com>